

# Jumbunnna

LALOR EAST PRIMARY SCHOOL NEWSLETTER

Issue Number 9

7 May 2019

## From the Principal

### NAPLAN Testing

The National Assessment Program - Literacy and Numeracy (NAPLAN) assess literacy and numeracy skills that are essential for every child to progress through school and life.

Students in Years 3, 5, 7 and 9 participate in the annual NAPLAN tests in reading, writing, language conventions (spelling, grammar and punctuation) and numeracy.

The assessment provides parents and schools with an understanding of how individual students are performing at the time of the tests. NAPLAN is just one aspect of a school's assessment and reporting process - it does not replace ongoing assessments made by teachers about student performance.

NAPLAN tests are scheduled for Tuesday 14, Wednesday 15 and Thursday 16 May. You can help your child to prepare by reassuring them that NAPLAN is just one part of their school program and by reminding them on the day to simply try their best. Of course some early nights the week of the tests and a good breakfast will help to ensure their brain is well rested and has the energy it needs.

An information sheet will be sent home to our Year 3 and 5 students this week.

Our students will be completing the paper tests and results will be sent home to parents once they become available later in the year.

### Officeworks Fundraiser

We are very excited to announce we have been chosen to be the recipient of all the funds raised at Epping Officeworks in June as part of their 'Round Up' Fundraiser. This means anyone making a purchase at Epping Officeworks in the month of June will be asked if they would like to 'round up their purchase' which means that the extra amount will be given to us. For example if a customer's purchases come to \$25.42 and they opt to round up to \$26 we will receive the extra 58 cents. June is a popular month for businesses to make purchases prior to the End of the Financial Year so we are hoping it will be a great fundraising month for us. We are planning to allocate the funds raised to purchase new play equipment for the students at our school.

So get the word out to your friends and family and ask them to shop at Epping Officeworks in June and say 'yes' to rounding up so we can raise lots of money for our school.

### Mothers' Day Stall

We will be holding our Mothers' Day stall on Wednesday 8 May. Children will have the opportunity to visit the stall to buy a present for the special women who play a significant role in their lives, mothers, grandmothers, special aunties even big sisters. I know some classes are also creating special treats for their mother as well. I am sure Sunday will be a memorable day for all the mothers in our community.

Linda Richards



LALOR EAST  
PRIMARY SCHOOL



## UPCOMING EVENTS

**Wednesday 8 May**  
Mother's Day Stall

**Friday 9 May**  
Mother's Day Raffle  
drawn

**Monday 13 May**  
Grade 6 transition  
forms due

**14 - 16 May**  
NAPLAN Testing for  
Year 3 & 5 students

**Monday 20 May**  
Coffee & Chat at  
9:30am (after  
assembly)

**Thursday 23 May**  
Education Week  
Open Day & Jump  
Rope for Heart

**Monday 27 May**  
Report Writing Day  
No students at  
school on this day.

## 2019 TERM DATES

### Term 2

23 Apr - 28 Jun

### Term 3

15 Jul - 20 Sep

### Term 4

7 Oct - 20 Dec

## OFFICE NEWS

**Office hours are 8:30am-4:00pm**

### Student Banking

**Parents please ensure** that the deposit slip is fully completed by you e.g. name, account number, student number and amount as we are unable to process payments with incomplete information.

### School drop off and early pick up

Please make sure your child gets to school on time by 8:55am. If students are late you **must** walk in with your child and sign in at the kiosk before taking them to their classroom. It is very disruptive for students and the classroom when children arrive late. Parents must also sign students out at the kiosk when leaving early.

### Parking-5 minute drop off zone

A reminder to all parents that the 5 minute drop off zone outside of the school grounds is being monitored by council staff from the City of Whittlesea. To avoid a parking infringement notice please ensure that you only use that parking stop for 5 minutes.

### Earn and Learn

Woolworths have started their popular Earn and learn stickers again. Please remember to collect the stickers when you do your shopping and send them to school for us to collect. Remember to ask family and friends to collect them as well. We trade the stickers for sports equipment and other equipment for our students.

## BREAKFAST CLUB

Breakfast club is open each morning from 8:30 to 9:00 am. We provide a FREE breakfast of toast, cereal and fresh fruit for students and their family. You can find us in the GP Room, so come along and enjoy a nourishing breakfast before school begins. We thank and appreciate the ongoing support from Foodbank Victoria, Bakers Delight Mernda Village, Christina Bakery, Semper Dental and Fare Share.

Amanda Einsiedel  
Breakfast Club Coordinator

## SPORTING NEWS

Lalor East PS was host to St Catherines last week to compete in the opening round of our celebrated Friday sports winter competition. All teams played their hearts out with a fantastic result of five out of six wins. A huge congratulations to all students who competed this week!

The coaches from St Catherines were extremely complimentary about the excellent sporting behaviour of our students which is wonderful to hear.

The scores were:

Soccer:

Mixed LE: STC: (Forfeit = Win)

Netball

A: LE: 10 STC: 1 (Win)

B: LE: 3 STC: 2 (Win)

Volleyball

Boys: LE: 50 STC: 32 (Win)

Girls: LE: 50 STC: 13 (Win)

Football

Mixed LE: 0 STC: 60 (Loss)

Next week (May 10), Lalor East will have our scheduled bye. No games will be held for this week. We will resume games in round 3 (May 17) against St Peters. All games will be held within St. Peters school grounds with the exception of soccer and football. Soccer will be at Meadowglen Res and football at Epping Res.

Dean Sharples  
Phys. Ed Coordinator

Date	Who	Where
May 10	BYE - NO GAMES	
May 17	Away St Peters	Footy - Epping Res Soccer - Meadowglen Res
May 24	Home Lalor Garden	Footy - WA Smith Res Soccer - Sycamore Res
May 31	Away St Clares	Footy - Thomastown Res Soccer - Thomas St Res



One of our five school values is Caring. It is an important value for all of us but it is often something we need to learn. Children want to be kind but sometimes we need to teach them how to do it. Last year we talked lots to students about 'Filling other people's buckets' and making them feel happy by being kind. This great article from Dr Justin Coulson from the Parenting Ideas team has some great tips for parents to help teach our children to be kind and caring.

## Helping kids feel good by doing good by Dr Justin Coulson

We all want our kids to feel good. Ice cream, days at the beach and play dates may bring kids joy, but once they're finished the good feeling often disappear.

These feel-good activities give kids a rush of euphoria, but leave them craving for more. This can lead to an addictive cycle known as 'the hedonic treadmill' where one cookie isn't enough. They'll need two. Maybe the next week, they'll need three.

### Good deeds

Doing good, however, is the key to living a more meaningful and happier existence. The ancient Greek philosophers Plato and Aristotle knew it was true, and modern research bears out the fact altruistic behaviours are associated with better wellbeing, health and longevity. In short, we feel good when we do good.

### Kind Kids

Every parent wants happy kids. The easiest way to help kids attain happiness is to encourage them to be kind.

Many studies show that our kids want to be kind. They know it makes them happy! Research shows that children from as young as fourteen months want to help others achieve individual goals and cooperate with others to achieve shared goals. This desire to help is something they're born with – even that child of yours who doesn't seem to want to help anyone!

A recent landmark study showed even very young kids find helpful and kind acts to be intrinsically rewarding. Two year olds showed greater happiness when they gave treats to others, compared to when they received treats themselves.

## Helping kids feel good by doing good continued . . .

### Teaching Our Kids to Do Good

If kids want to help because it helps them feel great, it's our job to help fulfill this natural inclination by guiding them to age-appropriate opportunities to do so.

### Here are 5 ways to do just that:

- Role model helpfulness and kindness. Children and teenagers learn to be helpful and kind by copying the significant adults in their lives.
- Encourage them to perform small acts of kindness. Being kind, giving a compliment, helping to tidy up- these small acts are just as powerful and effective as larger tasks such as mowing the lawn for a neighbour.
- Make helping a family project. Get your kids involved when you take a meal to a family who have just had a new baby, or visit a sick friend in the hospital.
- Be a good neighbour. Help your kids learn to keep an eye on others, whether it is a neighbour, or a boy on their sports team. Teaching your kids to notice what's going on in the lives of people in their community promotes awareness and empathy.
- Be grateful. Expressing gratitude is one of the best ways to do good. In fact, nothing can improve your life (and the life of others) like gratitude.

Doing good deeds is what makes us human. It lifts burdens from others, and lifts us by activating the joyful part of our brains. Teaching your kids to do good is the best way to help them have lasting 'feel good' feelings. Of course, they should eat cake too. Even better, share it with a friend for a lasting feel-good effect.



# Mothers' Day

**Stall: Wednesday 8 May**

Variety of gifts for the students to choose from  
Gifts starting from \$2.00 to \$10.00

**Please send money with your child in a sealed envelope to be given to the teacher ON THE DAY.**

Leftover gifts available for sale Thursday at lunchtime.

**Raffle: Prizes drawn Friday 10 May**

6 tickets for \$5  
Over 15 amazing prizes

THERE'S A REASON SOME PEOPLE  
THINK THEY CAN DO ANYTHING...

*They listened to their mothers.*

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# Student of the Week



*Congratulations to these students for receiving a Student of Week award yesterday at assembly*

**Prep Miss D** Mohamad

**Prep Mrs Natalie** Billy

**1/2 I'a** Payton

**1/2 Hannah** Antonia

**1/2 Karen** George Audrina Thomas

**3/4 Hewison/Kassos** Sam **3/4 Kelm/Harl** Sammy

**5/6 Kristian** Baran Evan **5/6 Mr Jones** Zaf

**5/6 Pobjoy/Aitken** Astahil Aseel



# Buddy Reading Time!



*With the Premier's Reading Challenge well underway, the Preps enjoyed a wonderful time at the end of last term having their Grade 5/6 buddies share some books with them. It was a great opportunity for the Grade 5/6s to practice their oral presentation skills as well as help foster a love of reading in our younger students . The Preps were thoroughly engaged with the pictures and the words, and loved sharing their favourite parts of the story and how the story related to them . There were smiles all around for the children and teachers during this valuable learning experience. We can't wait for our next Buddy reading session.*



Mrs Aitken



# Transition to Secondary School

Transition to secondary school forms for 2019 secondary school enrolment were sent home with all our Grade 6 students on Monday 29 April.

The application form must be returned to your child's teacher by **Monday 13 May 2019**. All students must list 3 secondary schools they wish to be considered for enrolment for 2019.

The Department has included a step by step guide for parents called 'Moving from primary to secondary school: information for parents' to assist you to complete the enrolment process for your child. [Click this link to access the website.](#)

The Department has released a new website that helps parents identify their local public school online.

[Findmyschool.vic.gov.au](http://findmyschool.vic.gov.au) launched on 24 April and shows every school zone across the state. The new website highlights the choice of public schools available to the Victorian community.

If your child is preparing to enter Year 7 and you want to know more about the public secondary school options in our area, or you know someone who is interested in enrolling at our school, try [findmyschool.vic.gov.au](http://findmyschool.vic.gov.au) today

If you have a question about the website, contact the Victorian School building Authority Hotline on **1800 896 950** or email [vsba@edumail.vic.gov.au](mailto:vsba@edumail.vic.gov.au)

**Find my School**

A great education in Victoria's public school system begins at enrolment.

Enter your address to get started:

School type:

Primary  Secondary  Specialist

Search for school:

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Life Skills  
Creative Time  
New Experiences  
Construction & Manipulative Play  
Outdoor Play Time  
Homework & Quiet Time

To book, visit:  
[www.campaustralia.com.au](http://www.campaustralia.com.au)  
or call 1300 105 343

**Lalor East Primary School 7 May 2019**  
**Coordinator Natalie 0411 899 910**

### **Mister Maker!**

We love Mister Maker! The children and I thoroughly enjoyed making many awesome arts and crafts last week, inspired by Mister Maker himself. The children and I have created colourful suitcases, alien and farm themed water paintings, fabulous monster/worm bookmarks and pencil holders, and pretty beaded necklaces. The younger children also made amazing puppets using Pokémon characters and performed a puppet show with a missing unicorn.

We have cooked up a storm in the kitchen last week, with delicious breakfasts and snacks. Yummy pancakes, Weetbix and sultana balls, corn fritters and our new invention rice bubbles and oats slice.

When the weather permits, the children and I have enjoyed the big play area. We have gone on a nature walk around the school, we have practised our OSHC Ninja Warrior skills, played 40 40 Homebase and have mastered the scary rock climbing wall WOW!

Families are entitled to the Child Care Subsidy, a government initiative to assist families with child care fees. For further information about, please visit <https://www.education.gov.au/ChildCarePackage>

**If you have any questions about the program – feel free to drop by, meet the coordinator Natalie and see what happens in After School Care first hand. You might be lucky; you could walk out with a rice bubble and oat slice taste tester.**

To find out more and to register, please visit [www.campaustralia.com.au](http://www.campaustralia.com.au) or call 1300 105 343



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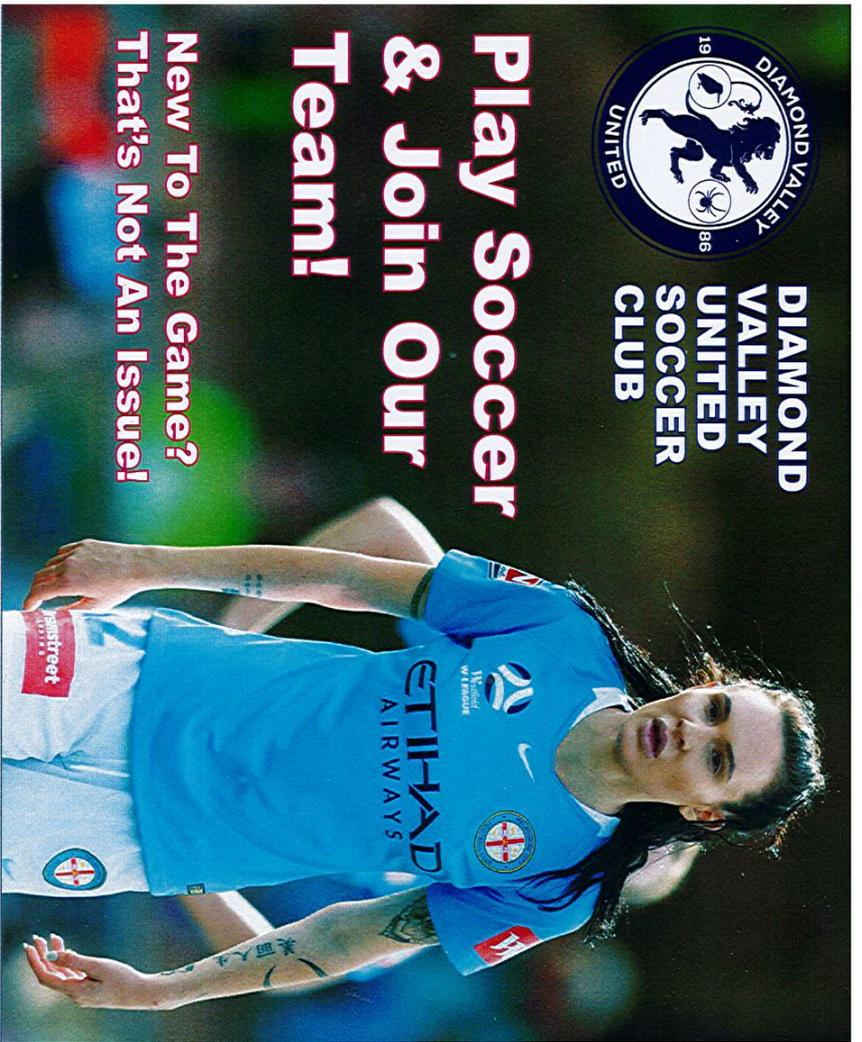
*we make kids smile*



**DIAMOND VALLEY UNITED SOCCER CLUB**

# Play Soccer & Join Our Team!

**New To The Game? That's Not An Issue!**



## PLAYERS WANTED

Diamond Valley United is looking for girls to fill the under 8, under 13/14 and under 15/16 age groups. Please visit our website [www.dvusc.club](http://www.dvusc.club) for details

Diamond Valley United is a family friendly community soccer club located at Partridgeons Flat, Greensborough. The club fields senior mens, senior womens and a range of junior age teams including 7 junior girls teams.

## MEET OUR NEW JUNIOR GIRLS MENTOR

We are pleased to announce that Melbourne City and South Melbourne FC Striker, **Adriana Jones** has joined the club in a newly created junior girls mentoring role for the 2019 season.



Adriana is 23 years old with a knack for scoring goals. She previously played with the Newcastle Jets and Adelaide United and recently joined Melbourne City FC ahead of the 2018/19 W-League season.

visit [www.dvusc.club/juniors](http://www.dvusc.club/juniors)



# SMALL SIDED FA NORTH



## JOIN OUR NEW LEAGUE PLAYERS WANTED!

**4/5/6-A-SIDE TRAIN & PLAY IN A TEAM WINTER PROGRAM - TERM 2 & 3 TRAIN TUESDAY / MATCHDAY SATURDAY**

ALL ABILITIES WELCOME BOYS & GIRLS

**REGISTRATION FEE**  
> U6 - U12 - \$450.00

**HOW TO REGISTER/ENQUIRE**

CALL 03 9794 0066

ONLINE [www.small-sided-fa.com](http://www.small-sided-fa.com)  
EMAIL [info@small-sided-fa.com](mailto:info@small-sided-fa.com)

**HOME GROUND**

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#SSFA

# PLAY IN A TEAM.

