

# LALOR EAST PRIMARY SCHOOL

## SWIMMING POLICY

### Rationale

Swimming is an integral and essential part of the Physical Education Program. Students engaging in the Lalor East Swimming Program will develop skills, confidence, knowledge and understanding that will enable them to comprehend aquatic dangers and to participate safely in aquatic activities.

### Broad Guidelines

The Swimming program is designed to assist students to:

- develop confidence in water by providing a wide variety of appropriate situations and activities
- make participation in swimming an enjoyable and social experience
- allow all children the opportunity to participate in a sequence of swimming survival, water safety, rescue and emergency procedure experiences
- develop swimming strokes, water skills and personal safety awareness
- encourage participation in aquatic activities as a leisure pursuit.

### Implementation

- the Lalor East Swimming Program will be offered to children from Prep to Grade 6 with progressive payments allowed to be made for families if required
- children to participate in one 45 minute session per week over an 8 or 9 week period during the year:
  - Term 3: Grade 3, 4, 5 and 6**
  - Term 4: Grade Prep, 1 and 2**
- program to be conducted at a suitable local, heated venue for maximum involvement
- 'Austswim' qualified instructors to be employed during all swimming sessions
- official Parent Helpers will need a current Working with Children's Check.

### Evaluation

The effectiveness of the Swimming Policy will be evaluated:

- by the Health & Physical Education coordinator and committee
- in consultation with teachers.

### Review

The School Council and staff regularly monitor and review the effectiveness of the Swimming Policy (at least once every three years) and revise the policy when required.

Ratified at School Council: May 2015

Next review: May 2018